

Joseph P. Brindise, DO, FAAOS

Board Certified Orthopedic Spinal Surgeon

CERTIFICATION

Board Certified Orthopedic Spinal Surgeon – American Osteopathic Association
Diplomat of the American Osteopathic Board of Orthopedic Surgery

Fellow of the American Academy of Orthopaedic Surgeons

Board Certified Independent Medical Examiner (CIME) - American Board of Independent Medical Examiners (ABIME)

American Medical Association Guides to the Evaluation of Permanent Impairment, Sixth Edition – ABIME Board Certified

EDUCATION

Houston Methodist Spine Surgery Fellowship, Houston, Texas August 2017-July 2018
Program Director: Dr. Rex A.W. Marco

Beaumont Health – Botsford Campus, Farmington Hills, Michigan July 2012 – June 2017
Statewide Campus System
Michigan State University College of Osteopathic Medicine
Orthopaedic Surgery Residency

Midwestern University, Downers Grove, Illinois August 2007 – May 2012
Chicago College of Osteopathic Medicine
Doctor of Osteopathic Medicine
Academic Rank: 1 of 171

Midwestern University, Downers Grove, Illinois February 2009 – May 2012
Chicago College of Osteopathic Medicine
Osteopathic Manipulative Medicine Department
Osteopathic Medicine Predoctoral Fellowship

Purdue University, West Lafayette, Indiana August 2002 – May 2006
Bachelor of Science in Mechanical Engineering

CLINICAL PRACTICE

Romano Orthopaedic Center, River Forest, Illinois Spinal Surgery	July 2020 – Present
Illinois Spine Institute, S.C., Schaumburg, Illinois Spinal Surgery	September 2018 – June 2020

MEDICAL LICENSURE

State of Illinois (Full Medical, Active)	December 2017 – Present
State of Texas (Full Medical, Active)	May 2017 – Present
State of Wisconsin (Full Medical, Active)	October 2018 – Present

ACADEMIC HONORS & SCHOLARSHIPS

Beaumont Health - Botsford Campus, Farmington Hills, Michigan	
Orthopaedic Surgery Chief Resident	July 2016 – June 2017
Midwestern University, Downers Grove, Illinois Chicago College of Osteopathic Medicine (CCOM)	
Outstanding Leadership and Service as President of UAAO	April 2009
Olympia Fields Service League Guild CCOM Scholarship	February 2009
CCOM Alumni Association Book Grant	June 2008
Midwestern University CCOM Scholarship	February 2008

MEDICAL MISSIONS

Health Volunteers Overseas	
Kilimanjaro Christian Medical Centre Moshi, Tanzania	March 2017
Botsford General Hospital, Farmington Hills, Michigan	
Guatemala Medical Mission	March 2013

SCHOLARLY SOCIETY MEMBERSHIP, COMMITTEES, & ACTIVITIES

American Academy of Orthopaedic Surgeons (AAOS)

American Osteopathic Association (AOA)

American Osteopathic Academy of Orthopedics (AOAO)

AO Spine

North American Spine Society (NASS)

SPECIALITY TRAINING

Pediatric Spine Surgery
Texas Children's Hospital
Houston, Texas
June – July 2018

Spinal Oncology Surgery
MD Anderson Cancer Center
Houston, Texas
April – May 2018

Orthopedic Trauma Surgery
Indiana University Health Methodist Hospital
Indianapolis, Indiana
March – June 2016

Adult Spine Surgery
William Beaumont Hospital
Royal Oak, Michigan
October 2015

Pediatric Orthopedic and Pediatric Spine Surgery
Cincinnati Children's Hospital Medical Center
Cincinnati, Ohio
July-September 2015

Musculoskeletal & Spinal Oncologic Surgery
Mayo Clinic
Rochester, Minnesota
February 2015

Musculoskeletal Oncologic Surgery
William Beaumont Hospital
Royal Oak, Michigan
January 2015

ACADEMIC LECTURES & WORKSHOPS

Osteopathic Manipulative Medicine

Brindise J, Garlanger K. Senior Workshop. Department of OMM Senior Rotation Lecture and Workshop. MWU/CCOM, Downers Grove, Illinois. April 25, 2011.

McKeigue M, Brindise J. Freshman Workshop. Evaluation and Manipulative Treatment of the Patient with Lower Back Pain. MWU/CCOM, Downers Grove, Illinois. April 20, 2011.

Brindise J. Sophomore Lecture. Osteopathic Terminology Board Review. MWU/CCOM, Downers Grove, Illinois. April 13, 2011.

Hohner J, Brindise J, Schell M. Freshman Workshop. Lumbar, Sacrum, and Pelvis II. MWU/CCOM, Downers Grove, Illinois. April 6, 2011

Habenicht A, Celm A, Brindise J. Freshman Workshop. Clinical Applications of Cranial Osteopathy II. MWU/CCOM, Downers Grove, Illinois. March 30, 2011.

Brindise J, Schell M. Senior Workshop. Department of OMM Senior Rotation Lecture and Workshop. MWU/CCOM, Downers Grove, Illinois. March 28, 2011.

Hohner J, Brindise J. Sophomore Workshop. Manipulative Modalities for the Urogenital Patient. MWU/CCOM, Downers Grove, Illinois. March 23, 2011.

Brindise J. Junior Lecture/Workshop. OMT in Pediatrics: A Quick Review of Useful Techniques for the 3rd Year Medical Student. MWU/CCOM, St. James Olympia Fields Regional Hospital and Medical Center, Olympia Fields, Illinois. March 10, 2011.

Calden M, Brindise J. Freshman Workshop. Thoracic III/ Viscerosomatic Reflexes. MWU/CCOM, Downers Grove, Illinois. March 3, 2011.

Brindise J, Shah P, Null M. OMM PM&R Residents Program. Osteopathic Considerations for Acute Low Back Pain. Rush University Medical Center, Chicago, Illinois. March 3, 2011.

Shah P, Brindise J. Senior Workshop. Department of OMM Senior Rotation Lecture and Workshop. MWU/CCOM, Downers Grove, Illinois. February 28, 2011.

Brindise J. Urology Residents Program. Osteopathic Considerations for the Surgical Patient. John H. Stroger, Jr. Hospital of Cook County, Chicago, Illinois. December 14, 2010.

Brindise J, Shah P. Junior Lecture/Workshop. OMT in Pediatrics: A Quick Review of Useful Techniques for the 3rd Year Medical Student. MWU/CCOM, St. James Olympia Fields Regional Hospital and Medical Center, Olympia Fields, Illinois. July 29, 2010.

Brindise J, Kulovitz K, Greer M. OMM PM&R Residents Program. Diagnosis and Treatment of the Sacrum. Rush University Medical Center, Chicago, Illinois. March 26, 2010.

Brindise J. Urology Residents Program. Osteopathic Considerations for Urology. John H. Stroger, Jr. Hospital of Cook County, Chicago, Illinois. December 8, 2009.

Heinking K, Brindise J. ER Residents Program. Comprehensive Osteopathic Examination of the Patient with Lower Back Pain. MWU/CCOM, Downers Grove, Illinois. November 19, 2009.

Shah P, Vertrees S, Brindise J. OMM PM&R Residents Program. Thoracic Region and Rib Cage. Rush University Medical Center, Chicago, Illinois. October 30, 2009.

Davison D, Brindise J. Sophomore Workshop. Pulmonary/Rib Dysfunction. MWU/CCOM, Downers Grove, Illinois. October 28, 2009.

Shah P, Brindise J. Senior Workshop. Department of OMM Senior Rotation Lecture and Workshop. MWU/CCOM, Downers Grove, Illinois. October 26, 2009.

Brindise J, Greer M. Junior Lecture/Workshop. OMT in Pediatrics: A Quick Review of Useful Techniques for the 3rd Year Medical Student. MWU/CCOM, St. James Olympia Fields Regional Hospital and Medical Center, Olympia Fields, Illinois. October 22, 2009.

Heinking K, Brindise J. Sophomore Workshop. GI Disorders: An Osteopathic Approach. MWU/CCOM, Downers Grove, Illinois. October 21, 2009.

Hohner J, Brindise J. Freshman Workshop. Sacral Motion Testing and Treatment. MWU/CCOM, Downers Grove, Illinois. October 14, 2009.

Nelson KE, Serrecchia F, Brindise J. Freshman Workshop. Lumbar with Psoas. MWU/CCOM, Downers Grove, Illinois. October 7, 2009.

Serrecchia F, Brindise J. Sophomore Workshop. Counterstrain, Facilitated Positional Release (FRR), & Still Technique. MWU/CCOM, Downers Grove, Illinois. September 30, 2009.

Greer M, Brindise J. Senior Workshop. Department of OMM Senior Rotation Lecture and Workshop. MWU/CCOM, Downers Grove, Illinois. September 29, 2009.

Kulovitz K, Brindise J, Garlanger K. OMM PM&R Residents Program. Somatic Dysfunction and Diagnosis of Somatic Dysfunction. Rush University Medical Center, Chicago, Illinois. August 28, 2009.

Davison D, Brindise J. Freshman Workshop. Motion: Where is the Problem? MWU/CCOM, Downers Grove, Illinois. August 26, 2009.

Kulovitz K, Brindise J, Garlanger K. Senior Workshop. Department of OMM Senior Rotation Lecture and Workshop. MWU/CCOM, Downers Grove, Illinois. August 9, 2009.

Shah P, Brindise J. Junior Lecture/Workshop. OMT in Pediatrics: A Quick Review of Useful Techniques for the 3rd Year Medical Student. MWU/CCOM, St. James Olympia Fields Regional Hospital and Medical Center, Olympia Fields, Illinois. July 30, 2009.

Orthopaedics

Brindise J. Orthopaedic Department. Adolescent Idiopathic Scoliosis. Beaumont Health - Botsford Campus, Farmington Hills, Michigan. November 30, 2016.

Brindise J. Orthopaedic Department. Metabolic Bone Disorders. Beaumont Health - Botsford Campus, Farmington Hills, Michigan. September 27, 2016.

Brindise J. Orthopaedic Trauma Department. Surgical Site Infections: Surgical Attire and the Operating Room. Indiana University Health Methodist Hospital, Indianapolis, Indiana. June 29, 2016.

Brindise J. Orthopaedic Trauma Department. Femoral Shaft Nonunion. Indiana University Health Methodist Hospital, Indianapolis, Indiana. April 20, 2016.

Brindise J. Orthopaedic Department. Spine Preoperative Conference. Spine Oncology Case Presentation. Beaumont Health – Royal Oak Campus, Royal Oak, Michigan. October 26, 2015

Brindise J. Orthopaedic Department. Aneurysmal Bone Cyst Case Presentation. Botsford Hospital, Farmington Hills, Michigan. May 14, 2015.

Brindise J. Orthopaedic Department. Soft Tissue Sarcoma Board Review. Botsford Hospital, Farmington Hills, Michigan. April 8, 2015.

Brindise J. Orthopaedic Department. Musculoskeletal Oncology OITE Review. Botsford Hospital, Farmington Hills, Michigan. October 30, 2014.

Brindise J. Orthopaedic Department. Basic Science - Arthroses. Botsford Hospital, Farmington Hills, Michigan. September 24, 2014.

Brindise J. Orthopaedic Department. Developmental Dysplasia of the Hip. Botsford Hospital, Farmington Hills, Michigan. August 13, 2014

Brindise J. Orthopaedic Department. Acetabular Fractures. Botsford Hospital, Farmington Hills, Michigan. July 23, 2014

Brindise J. Orthopaedic Department. Myelodysplasia. Botsford Hospital, Farmington Hills, Michigan. 13 Jun 2014

Brindise J. Orthopaedic Department. Soft Tissue Sarcomas. Botsford Hospital, Farmington Hills, Michigan. May 6, 2014.

Brindise J. Orthopaedic Department. Hand Flexor and Extensor Tendon Injury. Botsford Hospital, Farmington Hills, Michigan. March 19, 2014

Brindise J. Orthopaedic Department. Elbow Instability. Botsford Hospital, Farmington Hills, Michigan. February 11, 2014

Brindise J. Orthopaedic Department. Shoulder Instability. Botsford Hospital, Farmington Hills, Michigan. January 18, 2014

Brindise J. Orthopaedic Department. Cervical Myelopathy. Botsford Hospital, Farmington Hills, Michigan. December 10, 2013.

Brindise J. Orthopaedic Department. Achilles Tendon Rupture. Botsford Hospital, Farmington Hills, Michigan. October 22, 2013

Brindise J. Orthopaedic Department. Patella Fractures. Botsford Hospital, Farmington Hills, Michigan. September 25, 2013

Brindise J. Orthopaedic Department. Developmental Dysplasia of the Hip. Botsford Hospital, Farmington Hills, Michigan. August 6, 2013

Brindise J. Orthopaedic Department. Fingertip Injuries. Botsford Hospital, Farmington Hills, Michigan. July 11, 2013

Brindise J. Orthopaedic Department. Osteosarcoma Case Presentation. Botsford Hospital, Farmington Hills, Michigan. May 30, 2013.

Brindise J. Orthopaedic Department. Medical Ethics and Evidence Based Medicine. Botsford Hospital, Farmington Hills, Michigan. May 14, 2013

Brindise J. Orthopaedic Department. Legg-Calve-Perthes Disease. Botsford Hospital, Farmington Hills, Michigan. February 20, 2013.

Brindise J. Orthopaedic Department. Complications of Locked Volar Plate Fixation of Distal Radius Fractures. Botsford Hospital, Farmington Hills, Michigan. November 26, 2012.

Brindise J. Orthopaedic Department. Distal Radius Fractures: Treatment Options and Surgical Indications. Botsford Hospital, Farmington Hills, Michigan. November 20, 2012.

Brindise J. Orthopaedic Department. Pediatric Shoulder. Botsford Hospital, Farmington Hills, Michigan. August 21, 2012.

MANUSCRIPTS

Brindise J., Nelson KE, Kappler RE. Association Between Cervical and Thoracic Somatic Dysfunction Among Second-Year Osteopathic Medical Students. Journal of the American Osteopathic Association, Volume 114, Number 7, Pages 540-549, July 2014.

Slaughter MS, Sobieski MA, Gallagher C, Graham J, Brindise J., Stein R. Fibrinolytic Activation during Long-Term Support with the Heartmate II Left Ventricular Assist Device. American Society for Artificial Internal Organs Journal, Volume 51, Issue 1, Pages 115-119, January – February 2008.

POSTERS & PRESENTATIONS

Brindise J. MOSS: A Patient Centric Approach to Metastatic Spinal Cord Compression. 17th Annual Meeting of the Korean American Spine Society. March 10-12, 2022, Austin, Texas.

Brindise J., Marco R. Conservative Pedicle Screw Usage in Hybrid Constructs for the Treatment of Idiopathic Scoliosis. A Retrospective Review of the Houston Shriners Hospital Experience: Curve correction, Cost Analysis and Complications. 3rd Annual Hugh S. Tullos, MD Resident and Fellow Research Symposium, June 21, 2018, Houston, Texas.

Brindise J., Marco R. Conservative Pedicle Screw Usage in Hybrid Constructs for the Treatment of Idiopathic Scoliosis. A Retrospective Review of the Houston Shriners Hospital Experience: Curve correction, Cost Analysis and Complications. 16th Annual AOSpine North America Fellows Forum, March 22-25, 2018, Banff, Alberta.

Brindise J. Lovett and His Couplets. A. Hollis Wolf Case Presentation. Third Place Winner. American Academy of Osteopathy, Annual Convocation, March 21-25, 2012, Louisville, Kentucky.

Brindise J., Shah P, Nelson K, Kappler R. The Cervical Thoracic Connection. Second Place Winner. Student Research Poster Competition. American Osteopathic Association Annual Research Conference, October 24-28, 2010, San Francisco, California.

Kulovitz K, Garlanger K, Brindise J., Aguinaldo E, Jefferson E, McMahon K, Matlon J, Feigh T, DePrima C, Fennell B, Rybak A, Heinking K. Structural Asymmetry and Its Relation to Sports Injury. American Osteopathic Academy of Orthopedics, Annual Meeting, October 24-28, 2010, San Francisco, California.

Slaughter M, Sobieski M, Gallagher C, Brindise J, Dia M, Silver M. Long Term Support with Continuous Flow Left Ventricular Assist Device: Effect of Reduced Pulsatility on Renal Function. International Society for Heart & Lung Transplantation, Annual Meeting, April 25-28, 2007, San Francisco, California.

ABSTRACTS

Brindise J, Shah P, Nelson K, Kappler R. The Cervical Thoracic Connection. Journal of the American Osteopathic Association, Volume 110, Issue 8, Pages 449-50, August 2010.

Hendel R, Brindise J, Davis J, Cahill J. A pilot study for the evaluation of the appropriateness of SPECT myocardial perfusion imaging. Winner Best Regional Abstract - United States of America. Journal of Nuclear Cardiology, Volume 14, Issue 2, Pages S75-S75, March 2007.

BOOK CHAPTERS

Marco R, Brindise J, Dong D. MOSS: A Patient Centered Approach. In: Marco R, editor. Metastatic Spine Disease A Guide to Diagnosis and Management. Switzerland: Springer; 2018. p. 1-20.